

Helping People Save Lives – Every Day!

This training is being provided by:



Office #: (204) **233-CFAT** (2328)
Website: www.Canadian-Training.ca
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Unit B – 390 Provencher Blvd.
Winnipeg, MB. R2H 0H1

PHILIPS

AED Authorized Master
Stocking Distributor



Babysitting Course

(Caring for Babies, Toddlers, Preschoolers, School-Aged Children & First-Aid modules)

***Pre-course Requirements: Participants must be 11 years of age or older**

Full Course: \$52.00 / person + GST (8 hours)

In-House Training available: Unit B – 390 Provencher Blvd. Winnipeg

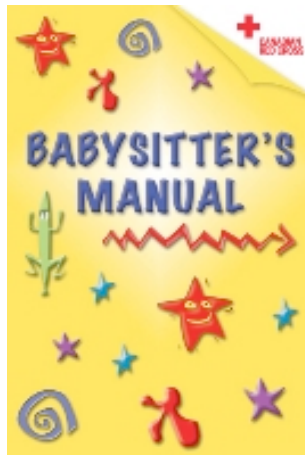
Full course training takes approx. 8 hours to complete
(e.g. 8:30am - 4:00 pm)

***Babysitter Certification card included**

Group Training Also Available!

- * Minimum 10-person charge**
- * Large groups welcome**
- * Train at our facility or yours – Same price!**

Receive this manual!



**CANADIAN
RED CROSS**

TRAINING
PARTNER

**CROIX-ROUGE
CANADIENNE**

PARTENAIRE
DE FORMATION

To register for one of our in-house courses or to set up training at your facility, please contact us at:

Office #: (204) **233-CFAT** (2328)


Email: info@Canadian-Training.ca

For more information, visit our website at: www.Canadian-Training.ca

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Here is what you'll learn about!

The Babysitting course includes the following modules:

<p>Chapter 1: GETTING STARTED</p> <ol style="list-style-type: none"> 1. The Business of Babysitting 2. Your Role 3. Rules and Routines 4. Family's Expectations 5. Discussion 	<p>Chapter 2: CARING FOR BABIES</p> <ol style="list-style-type: none"> 1. Stages for Babies 2. Holding, Diapers, Dressing, Feeding, Food Find 3. Sleeping, Crying, Getting Along 4. Be a Problem Solver 5. Precaution for Babies 6. Toys and Games for Babies 7. Matching Toy with Age 8. Discussion + Practical Component
<p>Chapter 3: CARING FOR TODDLERS</p> <ol style="list-style-type: none"> 1. Stages for Toddlers 2. Diapers, Dressing, Feeding, Food Find 3. Sleeping, Getting Along 4. Be a Problem Solver 5. Precaution for Toddlers 6. Toys and Games for Toddlers 7. Matching Toy with Age 8. Discussion 	<p>Chapter 4: CARING FOR PRESCHOOLERS</p> <ol style="list-style-type: none"> 1. Stages for Preschoolers 2. Feeding, Food Find, Toilet Learning 3. Dressing, Sleeping, Getting Along 4. Be a Problem Solver 5. Precaution for Preschoolers 6. Toys and Games for Preschoolers 7. Matching Toy with Age 8. Discussion
<p>Chapter 5: CARING FOR SCHOOL-AGED CHILDREN</p> <ol style="list-style-type: none"> 1. Stages for School-Aged Children 2. Feeding, Food Find, Bedtime 3. Getting Along, Be a Problem Solver 4. Precautions for School-Aged Children 5. Toys and Games for School-Aged Children 6. Matching Toy with Age 7. True-or-False Brain Teaser 8. Summary of Decision-Making Abilities 9. Discussion 	<p>Chapter 6: INJURY IS NO ACCIDENT: CREATING SAFE ENVIRONMENTS</p> <ol style="list-style-type: none"> 1. Home Safety 2. Outdoor Play Safety 3. Fire Safety 4. Water Safety 5. Personal Safety and Security 6. Rural Babysitting 7. Safety Search 8. Discussion
<p>Chapter 7: HOW TO HANDLE EMERGENCIES AND FIRST AID</p> <ol style="list-style-type: none"> 1. Handling Emergencies 2. Preventing Injury and Illness 3. How to Call for Help 4. What to Do in an Emergency 5. Illness, Choking, Bleeding, Sprains, Strains, and Fractures 6. Poison, Burns, Special Health Problems 7. First Aid Kit Explanation 8. Discussion + Practical Component 	<p>Chapter 8: SPECIAL CONSIDERATIONS</p> <ol style="list-style-type: none"> 1. Appropriate and Inappropriate Touching 2. Child Abuse and Neglect 3. Discussion
<p>For Your Information:</p> <p>2 x 15 minute breaks 30 minute lunch break</p> <p>*Light afternoon snack provided!</p> <p>*Please bring lunch!</p> <p>*Please note, we are a nut AND peanut-free environment</p>	<p>Hi Parents! Interested in upgrading your training?</p> <p>Take the 1 day training to be certified in Emergency Child Care First-Aid w/ CPR Level B & AED for only \$89.00</p> <p>Cover the following modules:</p>  <ul style="list-style-type: none"> • Adult, Child & Infant: • Choking • CPR (Cardio Pulmonary Resuscitation) • Cuts, Scrapes, Bleeds, Wound Care • Medical Conditions: Fainting, Seizures, How to Use Epipens® • And much more!

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🍁 Looking For Value Added Training For Your Training Dollar? We Do That!

" The bitterness of poor quality lingers long after the sweetness of low cost is forgotten"

- L. Porteous Fenster -

CANADIAN FIRST-AID TRAINING Ltd. provides the following list of value added components to **all our in-house and out-course First-Aid, CPR, Babysitting and Automated External Defibrillation (AED) training.** This includes:

- Professional, fun and knowledgeable staff certified as Authorized Providers with the **CANADIAN RED CROSS**.
- We can teach at your location and at your convenience
- Show up early for course set up (30 minutes).
- Provide course specific manuals for students to keep. We only use recognized material developed by the **CANADIAN RED CROSS**, which is recognized in over 185 countries around the world!
- **CANADIAN FIRST-AID TRAINING Ltd.** teaches to the new 2010 ILCOR (International Liaison Committee On Resuscitation) guidelines for which the **CANADIAN RED CROSS** is a participating member.
- Relaxed atmosphere when teaching.

At CANADIAN FIRST-AID TRAINING Ltd., we:

1) Adhere to best practice recommendations for all training. We provide the following:

- 1 manikin/person ratio for all CPR (**No sharing with other people!!!**)
- Floor mats for CPR training (**no more sore knees!!**)
- Flat screen TV w/ DVD capability *(Out course groups only)
- Whiteboard *(Out course groups only)

2) Only use top of the line equipment. This includes:

Demonstrate, fully explain & use:

- **Automated External Defibrillator (AED) trainer units: Philips Health Care Canada**
- *Gauze roller and triangular bandages, gauze non-stick pads, splints, etc. for all first-aid practical exercises (course specific)*
- **Epipen® & Twinject®** trainer units for practical exercises (i.e. severe allergies – anaphylaxis) (*first-aid courses only*)
- **Manitoba Regulations First Aid kits.** (*All courses*)
- Asthma puffers and Aero-Chambers® - i.e. (Spacers), etc. (*first-aid courses only*)

3) Also do the following at no extra charge:

- We bring products (i.e. first-aid kits, key chains and pocket masks) available for purchase.
- We customize the course to the knowledge of the group (i.e. take prior history into account).
- Full Explanation of **Manitoba Good Samaritan Protection Act** (Enacted – Dec. 7th, 2006).
- Full Explanation of **Manitoba - The Defibrillator Public Access Act (Bill 20)**

After training has been completed, we will:

- Stay afterwards to answer all questions, concerns and comments resulting from the training and leave each participant with contact information for any concerns, which may result from training.
- Students receive 1 wallet certificate (CPR & AED courses) and 1 wall certificate* (8.5x 11) (First-Aid courses only)
- Company/organization will receive copies of all certificates in a separate folder and all participants will be entered into our course management system. 90, 60 and 30-day notification of expired responders after 3 year period or upon request.